

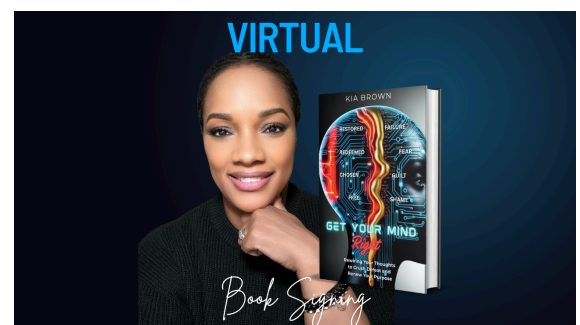
FOR IMMEDIATE RELEASE

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3 Steps to Silence Self-Doubt: Join the *Get Your Mind Right* Virtual Book Launch on September 16

Global Event on Talk Shop Live to Reveal Scripture Meets Neuroscience-Backed Tools for Mindset Transformation

New York, NY — August 28, 2025 — author and mindset strategist **Kia Brown** invites readers worldwide to celebrate the release of her transformative book, ***Get Your Mind Right: Rewiring Your Thoughts to Crush Defeat and Renew Your Purpose***, with an electrifying **Virtual Book Signing & Launch Party** on **Talk Shop Live!** Tune in **Tuesday, September 16, 2025, at 6:00 PM ET** as Kia kicks off her book's release day with interactive discussions, live Q&A, and exclusive insights into her groundbreaking strategies for mental and spiritual resilience.



EVENT HIGHLIGHTS

- Live Demo of 3 Life-Changing Tools:**
 - 🧠 **“Holy Ghost Breath Prayers”:** 5-second resets to calm anxiety.
 - ⚔️ **“Truth Arsenals”:** Scripture-powered declarations to crush fear.
 - 🔄 **“The Comparison Detox”:** Break free from social media envy.
- Exclusive Q&A:** Ask Kia about her journey from self-doubt to bestselling author.
- Virtual Book Signing:** Personalized signed copies available *with free shipping!*
- Free Digital Toolkit:** The first 50 buyers will receive a FREE “30-Day Renewal Challenge,” a practical, habit-forming bridge between the teachings of the Get Your Mind Right program and lasting transformation.
- Discounted Master Class Access:** 50% off the “Get Your Mind Right Master Class Sessions” (attendees only!)

WHEN: Tuesday, September 16, 2025 | 6:00 PM – 7:00 PM (ET)

WHERE: Stream globally on **Talk Shop Live** | <https://talkshop.live/watch/1LOQikxS5wGQ>

Get Your Mind Right (ISBN: 9798349343056) is already a viral sensation, praised as “the ultimate mind-repair manual” for its revolutionary blend of biblical truth and neuroscience. Readers will learn to:

- **Delete mental viruses** like “I’m not enough” and “I’m stuck.”
- **Reset under pressure** with 5-second “Holy Ghost Breath Prayers.”
- **Rewrite their inner script** using Scripture-backed “Truth Arsenals.”
- **Lead with unshakable clarity** in their careers, relationships, and purpose.

QUOTES

Kia Brown, Author:

“Your thoughts hold the power to imprison or propel you. On September 16, we’re rewriting the script—globally. Let’s silence self-doubt together!”

Advance Praise:

“Get Your Mind Right by Kia Brown is a spiritual game-changer. With piercing clarity, she equips readers to align with God’s purpose by rewiring toxic thought patterns. As a faith leader, this book has reignited my own mission to ‘renew my purpose in God.’ A battle plan every believer needs!”

— **Elder Thania Williams Brown**, Leader at Emmaus Christian Community Church (Brooklyn, NY) and Founder of The Glass Table Talk

“Kia does it again! Her previous books, ‘Surrender’ and ‘Faith: A 40-Day Journey,’ transformed my life—and ‘Get Your Mind Right’ is her most empowering work yet. If you’re ready to elevate your mindset and draw closer to God through daily, actionable work, this book is your roadmap to a healthier, purpose-driven life.”

— **Shauna Woods**, Educator & Founder of *Teachers Always Have Class* (Harlem, NY)

MEDIA OPPORTUNITIES

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- **Review Copies:** Digital and physical ARCs available upon request.
- **Virtual Interviews:** Kia Brown is available for pre- and post-event interviews to discuss the book’s impact.
- **Event Access:** Media are invited to attend and cover the livestream.

ABOUT KIA BROWN

Kia is an author, visionary faith leader, and modern faith change-maker. As a devoted wife and mom, she turns distant beliefs into daily transformation—helping thousands experience God as an intimate, life-changing force. With relentless faith and grace, a background in Christian counseling, and a passion for faith-driven transformation, she empowers individuals to break mental strongholds and lead with bold, purpose-driven confidence.

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